Dr Qiniso Mlita holds a Bsc degree in Medical Science from the University of Zululand; a Bsc (Hons) in Biochemistry from the University of Zululand; as well as a Bachelor of Medicine and Bachelor of Surgery, from the University of KwaZulu-Natal.

He joined the University of KwaZulu-Natal’s Dr Nelson Mandela School of Medicine as a student in 2005; and soon held the position of SRC President, which was one of many to follow.

His crowning moment, so far, came in 2021, when he was voted President of the UKZN Convocation. Through this position, he continues to be a driving force in the quest for transformation at the university.

Dr Mlita has held a number of notable positions during his career, including working as a:

* Teacher for Maths and Physics at Sinyabusi High School in Mandeni;
* Medical officer at King Edward VIII Hospital;
* Medical officer at Hlabisa Hospital;
* Sessional doctor at the Durban University of Technology, Steve Biko Campus;
* Microbiology laboratory assistant at King Edward VIII Hospital.
* Head of Ministry in the KwaZulu-Natal Department of Health
* Advisor to the MEC for Health in KwaZulu-Natal
* Currently working as the acting Ombudsperson in the KwaZulu-Natal

He has held a number of leadership roles, including being:

* Founding member of the Biochemistry and Microbiology executive at University of Zululand.
* First Chairperson of the Biochemistry and Microbiology executive at University of Zululand.
* Founder and First Chairperson of NATESA Medical School executive.
* Founder and Director of Net Q Medical Centre situated at Durban University of Technology, Steve Biko Campus.
* Founder of Southern Health Foundation and NetQ School of Excellence for HIV/AIDS and Circumcision.
* Former President of Nelson Mandela School of Medicine in UKZN.
* Former political teacher of SASCO Medical School branch.
* Former ward 33 Chairperson of the ANC Youth League.
* Current Chairperson of the ANC in ward 33, Umbilo branch.
* Current Deputy Chairperson of Tumelo Seliane Education Fund for medical students in UKZN.
* Current President of UKZN Convocation.

Community work

Dr Mlita has established sports clubs in townships and some urban areas where there’s suspected drugs proliferation and an increasing crime rate. He organised successful sports tournaments in those areas.

Dr Mlita also established support groups in the townships for students at primary and high school for mentorship and preparation for academic life approach.

Dr Mlita has adopted some financially needy families with an intention to assist them to finish their academic journey.

Dr Mlita is very passionate about motivation of youth in townships and rural areas.

He lives by the following philosophy, as espoused by the late Dr John Tibane: “Potential is energy waiting to be released. It is a leader trapped in a follower, a journey you can travel but haven’t yet travelled. It is dynamite that is soon to explode.”