

FoodE 2021 Virtual Meeting

FOOD ENVIRONMENTS: A Shared Understanding

DATE: Tuesday, 30 March 2021

TIME: 08h00 - 10h00 GMT

(10h00 - 12h00 SAST)



Food environments are described as the “interface” or “link” between food systems and diets¹. Interactions between social, environmental, political, and market elements tend to shape the food environments in communities and countries. Changes in dietary patterns may be influenced by individual factors such as knowledge and motivation², but are often the result of environmental and societal changes associated with development and policies³. The types of food environments people have access to changes alongside development and urbanisation: from hunter gatherer and agrarian lifestyles, to peri-urban and developing, and high-income urban lifestyles. However, communities and countries do not have to transition linearly through each stage as they undergo socioeconomic development and multiple types and patterns of food environments can exist with-in a given country or community. The **FoodE 2021 Virtual Meeting** is a gathering of stakeholders whose work relates directly or indirectly to improving food environments in countries across the development spectrum (Germany, Malaysia, South Africa, Ghana and Tanzania). Participants will share and discuss experiences, challenges and opportunities to inform research on food environments and related policy.

PROGRAMME

AGENDA	TIME (minutes)
Opening Remarks and Introduction	10
Improving nutritional security through enhanced food environments	05
Open floor discussion	20
Break	05
Incorporating social and environmental sustainability into food environments	05
Open floor discussion	25
Break	05
Bridging the gaps between policy and implementation in food environments	05
Open floor discussion	25
Break	05
Closing Remarks	20

To Register **CLICK HERE**
before 10 March 2021

For more details related to the webinar, please contact ctafs@ukzn.ac.za

¹FAO (2016). Influencing food environments for healthy diets. Food and Agriculture Organization of the United Nations, 154.

²Popkin, B. M., Adair, L. S., & Ng, S. W. (2012). Global nutrition transition and the pandemic of obesity in developing countries. Nutrition reviews, 70(1), 3–21. <https://doi.org/10.1111/j.1753-4887.2011.00456.x>

³WHO (2020). Fact Sheet No. 311: Obesity and overweight. Available online at <https://www.who.int/news-room/fact-sheets/detail/obesity-and-overweight>