

THE UNIVERSITY OF KWAZULU-NATAL PRESENTS THE 5<sup>TH</sup> IN A SERIES OF PUBLIC WEBINARS HOSTED BY THE COLLEGE OF HUMANITIES

TEACHER WELL-BEING: COPING MECHANISMS TO DEAL WITH THE CONSEQUENCES OF THE COVID-19 PANDEMIC

**PRESENTERS:**

**PROFESSOR LESLEY WOOD**

(North-West University)

**MRS MIRIAM ARNOLD**

(Leibniz Institute for Resilience Research, Germany)

**DR REBECCA COLLIE**

(University of New South Wales, Australia)

**MR NDABENHLE TERRY MDULI**

(School Principal)

**MS NOMPUMELELO NZIMANDE**

(Primary School Teacher)

**CHAIR:**

**PROFESSOR ANJA PHILIPP**

(University of KwaZulu-Natal)

**DATE : Tuesday, 14 July 2020**

**TIME : 15h30 – 17h30**

[CLICK TO RSVP](#)

Once you RSVP, you will receive a password to join the Zoom meeting. Zoom will prompt you to open Zoom meetings and enter your email address. You will be placed into a 'waiting room' and the broadcast will automatically load for viewing.

*We look forward to seeing you there!*

**PRESENTER BIOGRAPHIES**



**Professor Lesley Wood** is Director of Community-based Educational Research (COMBER), Faculty of Education, North-West University, South Africa. She is a Research Professor in the Faculty of Education and Director of the research niche area, Community-based Educational Research at North-West University, South Africa. She is a National Research Foundation rated researcher whose interests lie in researching participatory ways to facilitate psycho-social wellness within various educational communities. She has received international recognition for her work in action research and HIV and AIDS, having been awarded an Honorary Doctorate in 2014 by Moravian College, Pennsylvania, USA. She has published over 100 articles, chapters and books, and has received several internationally funded grants for her projects.



**Mrs Miriam Arnold** (Leibniz Institute for Resilience Research, Germany) is a psychologist from Germany. She currently works at the Leibniz Institute for Resilience Research in Mainz. She does research in work and organizational psychology with a focus on leadership and mental health in schools. For the current project "Creating Resilience in Educational Contexts" she did a longitudinal study among 2400 teachers and principals in 2018/19. During the Covid-19 Pandemic participants took part in a follow-up questionnaire on the effects of the Pandemic on their well-being.



**Dr Rebecca Collie** is a DECRA Fellow and Scientia Senior Lecturer in Educational Psychology, School of Education (Educational Psychology Research Group), University of New South Wales, Australia). She conducts research in the broad areas of motivation, wellbeing, and social-emotional development using quantitative research methods. Her research also encompasses related factors such as adaptability, goal setting, and interpersonal relationships. She examines antecedents and outcomes of these different factors among children, youth, and adults, and develops conceptual models relevant to both students and teachers. Rebecca completed her doctoral studies at the University of British Columbia in Canada. Previously, she worked as a primary school teacher in Melbourne.

She has published over 60 peer reviewed journal articles and book chapters, along with a recently published co-edited book, "Social and Emotional Learning in Australia and the Asia-Pacific." She was recently awarded the 2020 Outstanding Early Career Scholar Award from the American Educational Research Association Division C. Rebecca also received the 2018 Young Scientist Award from the International Society for the Study of Behavioral Development. Rebecca has recently begun her Australian Research Council DECRA Fellowship research on teacher wellbeing. She is Associate Editor of Journal of Educational Psychology. She is an Editorial Board Member for AERA Open, Educational and Developmental Psychologist, Teaching and Teacher Education, and Theory into Practice.

**Mr Ndabenhle Terry Mdluli** has completed his Bachelor of Arts Degree at the University of Natal. He continued his studies and received a Human Resources Management and Training Diploma at Varsity College, a PGCE degree from Unisa, an Honours degree in Education Management from Unisa, and a Postgraduate Diploma in Psychology of Education at Unisa as well as a Masters in Psychology of Education degree from Unisa. He currently is a PhD candidate at the School of Education at UKZN. During his career, he held positions as HIV/AIDS counsellor for PAAG/PMB ATTIC, as a teacher at different High Schools and as a Deputy principal at a Technical High School which he then led as acting principal and he is currently a principal of the Enkomokazini Technical High School.

**Ms Nompumelelo Nzimande** is an educator teaching Mathematics, Natural Sciences and Social Sciences at a Primary School in the Umlazi District of Durban in KwaZulu-Natal. She has been in the profession for four years.

**CHAIR**



**Professor Anja Philipp** (School of Education, University of KwaZulu-Natal, South Africa) is an Associate Professor at the University of KwaZulu-Natal (UKZN). Her research focus has evolved from research on teacher well-being and work-ability and its relationship with stress or emotion regulation strategies in class towards proactive behaviours of teachers to promote school development and the role of school leadership and school atmosphere. She worked at universities in Germany (University of Freiburg, University of Frankfurt) and has joined the University of KwaZulu-Natal in 2017. In the webinar, she will bring in the expertise on teacher well-being from these different contexts.